

# Wildheart Songbook



[wildheartnatureschool.com](http://wildheartnatureschool.com)

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## **Songs**

Earth My Body	3
Faerie Ring	4
From the Earth to the Sun	5
Gathering of Flowers	6
Pachamama	7
Phoenix Song	9
River is Flowing	10
Spirit of the Earth	11
Suddhossi Buddhossi	12
My Roots go Down	13
Tower of Strength	14



## Earth my Body

Earth my body,  
Am  
Water my blood,  
Am  
Air my breath and,  
Am  
Fire my spirit!  
G

## Faerie Ring

Dance, dance in the month of May,  
Dance, dance for the Queen of Fey,  
Oh my sisters, dance and sing,  
Dance around the faerie ring,  
Celebrate the return of life,  
Dance, dance in the warm sunlight,  
Oh my brothers, dance and sing,  
Dance around the faerie ring,  
Dance, dance when the moon is bright,  
Dance, dance in the pale starlight,  
Oh my sisters, dance and sing,  
Dance around the faerie ring!

# From the Earth to the Sun

*Song by Jaya Lakshmi*

From the earth to the sun,

Dm Am

We are one, we are one (repeat)

C G

Like the stars in the night,

Dm Am

We are light, we are light (repeat)

C G

Like the wind upon the sea,

Dm Am

We are free, we are free (repeat)

C G

From below and above,

Dm Am

We are the servants of love (repeat)

C G

## Gathering of Flowers

Gathering of flowers, flowers from the forest,  
 Am Dm  
 Forest full of medicines to help us with our healing,  
 Dm Am G Am  
Healing of our bodies, bodies, minds, and spirits,  
 Am Dm  
Spirit of the water come wash over my heart,  
 Dm Am G Am  
 My heart is growing open, opening each moment,  
 Am Dm  
 Each moment is a miracle that's calling us to gather,  
 Dm Am G Am  
Gathering of flowers, flowers from the forest,  
 Am Dm  
 Forest full of medicines to help us with our healing,  
 Dm Am G Am  
Healing of our bodies, bodies, minds, and spirits,  
 Am Dm  
Spirit of the water come wash away my tears,  
 Dm Am G Am  
Tears of joy I'm crying, crying for my people,  
 Am Dm  
 People we are ready, ready to be free,  
 Dm Am G Am  
Free to be new people, beautiful empowered,  
 Am Dm  
Empowering each other to come together gather,  
 Dm Am G Am  
Gathering of flowers  
 Am

# Pachamama

Song by Ronny Hickel

*Pachamama means "Mother Earth" or more accurately, "Mother World" in Quechua*

(Capo III)

Pachamama I'm coming home

Am Em

Back to the place \_\_\_ where I belong (repeat)

D D7 Am

I wanna be free, so free like a flower and a bee

Am Em D Am

Like a bird up in a tree and a dolphin in the sea

Am Em D Am

I wanna fly high, so high

Am Em

Like an eagle in the sky

D Am

And when my time has come

Am Em

I'm gonna lie down and fly

D Am

Pachamama I'm coming home

Am Em

Back to the place \_\_\_ where I belong (repeat)

D D7 Am

I wanna be free, be me

Am Em

Be the being that I see

D Am

Not to rise and not to fall

Am Em

Being one and loving all

D Am

There is no high no low

Am Em

There is no place else to go

D Am

Except inside a shining star



Am Em  
Telling you just who you are  
D Am  
Pachamama I'm coming home  
Am Em  
Back to the place \_\_\_ where I belong (repeat)  
D D7 Am

## Phoenix Song

We are rising up, like a phoenix from the fire,

Am Am

Brothers and sisters, spread your wings and fly high, (repeat)

G Am

We are rising up, we are rising up (repeat)

Am G

We are diving deep, like a heron in the water,

Am Am

Rivers of life flowing effervescent power, (repeat)

G Am

We are diving deep, we are diving deep (repeat)

Am G

We are flying high, like a dragon in the sky,

Am Am

Fire and ice bringing balance to our lives (repeat)

G Am

We are flying high, we are flying high (repeat)

Am G

## The River is Flowing

The river is flowing, flowing and growing,

Am G

The river is flowing, back to the sea

Am G

Mother earth carry me, your child I will always be,

Am G

Mother Earth carry me, back to the sea, back to the sea

Am G Am G Am

## Spirit of the Earth

Spirit of the earth, carry me,

Am G

Spirit of the earth, carry me home,

Am G

Spirit of the earth, carry me home to myself,

Am G Am

Spirit of the \_\_\_\_\_, carry me,

Am G

Spirit of the \_\_\_\_\_, carry me home,

Am G

Spirit of the \_\_\_\_\_, carry me home to myself,

Am G Am

## Suddhossi Buddhossi

Original song by Shimshai

Sanskrit mantra originally sung as a lullaby by an Indian woman who sang it every day for her 12 children and all of them became Sadhus

[SANSKRIT]

Suddhossi Boddhossi Niranjanosi

Em Am7 D Em

Samsara maya parivar jitosi

D Am7 D Em

Samsara svapanam traija mohan nidram

D Am7 D Em

Na janma mrityor tat sat sva rupe

D Am7 D Em

[ENGLISH]

You are forever pure, you are forever true,

Em Am7 D Em

And the dream of this world can never touch you,

D Am7 D Em

So give up your attachments and give up your confusion,

D Am7 D Em

And abide in that truth that's beyond all illusion

D Am7 D Em

[ESPAÑOL]

Eres siempre puro, eres verdadero,

Em Am7 D Em

Y el sueño del mundo no te tocará,

D Am7 D Em

Deja los apegos, y deja la confusion,

D Am7 D Em

Y vive en la verdad más allá de la ilusión

D Am7 D Em

## My Roots Go Down

(clap/snap along)

My roots go down, down to the earth  
My roots go down, down to the earth  
My roots go down, down to the earth  
My roots go down

I am a tree swaying in the wind  
I am a tree swaying in the wind  
I am a tree swaying in the wind  
My roots go down

I am a \_\_\_\_\_ (fill in your own)  
I am a \_\_\_\_\_  
I am a \_\_\_\_\_  
My roots go down

My roots go down, down to the earth  
My roots go down, down to the earth  
My roots go down, down to the earth  
My roots go down

## Tower of Strength

(rattles start and set the beat)

I am a tower of strength within and without  
I am a tower of strength within (repeat)

I let all burdens fall from my shoulders  
All anxiety slip from my mind  
I let all burdens fall from my shoulders  
All anxiety slip

I let every shackle be loosened  
I let every shackle be loose, yeah yeah!  
I let every shackle be loosened,  
Every shackle be loose

(repeat entire chant 2 more times)